



Integrated Chinese-Western Medicine Ovarian Health Check-up Plan

The ovaries play a crucial role in women's bodies. Ovarian insufficiency can lead to hormonal imbalances, mood swings, and deterioration of skin quality. After the age of 35, ovarian function begins to decline, and the number of follicles representing "ovarian reserve" decreases significantly, indicating a gradual decline in female fertility. The "ovarian age" may vary among women of the same age, and an individual's "ovarian age" may differ from their actual age. Therefore, early understanding of one's ovarian health and assessing ovarian age becomes essential.

This check-up plan is suitable for women of any age, especially for those who want to get married or have a baby. Early ovarian ageing or potential infertility can be detected early, allowing women to have better planning. The check-up plan also includes a traditional Chinese medicine (TCM) constitution assessment. Studies have shown that TCM can help improve egg quantity and quality, thicken the uterine lining, and lessen the side effects of IVF drugs.



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Led by Specialist in Reproductive Medicine & CMP

Service Fee (HK\$)

1. Pre & Post Medical Consultation

2. 3D Pelvic Ultrasound

- Examination of the uterus and ovaries for abnormalities such as uterine fibroids, endometrial polyps, uterine septum, or ovarian cysts (including endometriotic cyst)
- Antral follicle count (AFC) examination, reflecting ovarian reserve

3. AMH Blood Test (Anti-Mullerian hormone)

- Assessment of ovarian reserve, i.e. egg quantity ("ovarian age")
- Detection of polycystic ovary syndrome (PCOS) and premature ovarian failure

4. Traditional Chinese Medicine (TCM) constitution assessment

- Understanding women's physical condition, providing constitution analysis, and suggesting treatment plans *Limited offer for first 100 customers



\$ 3,500

Add-ons

Pap Smear (Cervical Screening) & HPV DNA Genotyping

\$ 650

查詢及預約 | Enquiry & Appointment

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